

Welcome to Poseidon's sommarsimskola 2022!

Now it's soon time to start our summer schools. Here is "good to know information":

At the start of the course, we kindly ask you to bring your **booking confirmation** or **payment confirmation**, preferably digitally. Please show it at the reception at Högevall and to the coaches. Remember to be out in good time the first day of swimming school.

For those of you who are going to a summer course at Högevallsbadet:

You can pick up a white entrance band that you will use for that specific day. You need the band to be able to get in and out through the entrance to Högevallsbadet and also be able to lock your lockers. You need to pick up a new white entranceband every day as the band must be returned when you get out of Högevallsbadet after your lesson. You will find the white bands on the counter to the left of the reception, right next to the entrance.

- Keep in mind that if you wish to stay after the swimming lesson or visit the adventure pool, you must buy a separate entrance to Högevallsbadet at the reception. The same applies to parents / companions who want to swim during the lesson time.
- The reception at Högevallsbadet will be open 10: 00-17: 30 this summer.
- For children who are going to go to Högevallsbadet, **ONE** accompanying parent can accompany their child to the poolarea. Keep in mind that the accompanying person can not bring outerwear or shoes. We strongly recommend clothes in functional materials when staying inside by the swimming pool.

Common information for Hödevallsbadet, Källbybadet Sandbybadet and Dalbybadet:

- We always meet by the pool. To see which pool you are swimming in at Högevallsbadet, look at your booking confirmation or the name of your particular group. The letter at the end of the headline shows which pool. (U = Undervisningsbassängen, K = Kombibassängen and Tr = Träningsbassängen).
- Swimwear, a towel and a happy mood are all you need to bring. We recommend you to be out in good time so you arrive on time for the swimming lesson.
- It is very important to shower properly, without swimwear, before the swimming lesson
- Please don't run in the swimming pool / outdoor pool due to the risk of slipping
- Please be aware that you are not allowed to use any kind of screens (phone, tablet and computer) or take photography.
- If there is something special we should know about your child, we are grateful if you talk to the coach about it.

We reserve the right to make changes to any arrangements at the baths. Information will at such times be sent out via email or text message.

We wish you fun at the swimming school!